

13 December 2023

**Name of Cabinet Member:**

Cabinet Member for Children and Young People, Councillor P Seaman

**Director approving submission of the report:**

Director of Commissioning, Coventry and Warwickshire Integrated Care Board

**Ward(s) affected:**

Coventry as a City

**Title:**

Children Adolescent Mental Health System (CAMHS) Local Transformation Plan refresh 2023/2024

**Is this a key decision?**

No

**Executive summary:**

The Children Adolescent Mental Health System (CAMHS) Local Transformation Plan (LTP) has been refreshed refresh 2023/2024.

The plan outlines the progress made to date and the priorities in which the LTP will focus on for 2023/2024, broken down into national and local priorities. These are:

1. National priority – meet the constitutional target set by NHS England.
2. National priority – to develop a children and young people emotional wellbeing / mental health support offer up to the age of 25.
3. Local priority – implement a structured framework, such as i-Thrive into the system.
4. Local priority – improve the waiting times in accessing services.
5. Local priority – develop system wide dashboard to further understand local needs and demands.
6. Local priority – focus on early intervention and prevention.
7. Local priority – develop the system offer for children and young people in crisis.

**Recommendations:**

The Board are asked to note the content of this report and to endorse the attached 2023/2024 CAMHS Local Transformation Plan.

**List of Appendices included:**

The following appendices are attached to the report:

Appendix 1 – 2023/2024 CAMHs Local Transformation Plan refresh

**Background papers:**

N/A

**Other useful documents**

N/A

**Has it or will it be considered by Scrutiny?**

No

**Has it or will it be considered by any other Council Committee, Advisory Panel or other body?**

No

**Will this report go to Council?**

No

**Report title:** Children Adolescent Mental Health System (CAMHS) Local Transformation Plan refresh 2023/2024

## **1. Context (or background)**

- 1.1. In 2015, NHS England (NHSE) set out the process for Integrated Care Boards (ICBs) to develop a 5-year Children and Adolescent Mental Health Services (CAMHS) Local Transformation Plan (LTP) across the ICBs footprint, Coventry and Warwickshire. Since, NHSE have continued this process requesting ICBs to review and refresh its plans on an annual basis.
- 1.2. To aid the LTP refresh, each year NHSE set out a list of key lines of enquiries (KLOEs) which ICBs were required to specifically respond to. In previous years NHSE have required draft plans to be submitted for assurance. Since the covid pandemic, however, NHSE have moved away from the assurance process and whilst KLOEs are still in place, NHSE are will not formal sign off the Local plan but are requesting ICBs to use the KLOEs as a guide to help evolve and develop the local systems, recognising each area's needs, demands, and offers do vary.
- 1.3. It is expected the refreshed plans are produced in partnership with local partners to set out a strategic vision for delivering improvements in children and young people's mental health and wellbeing.
- 1.4. The LTP is overseen by the Children and Young People Mental Health and Wellbeing Board, which is chaired by the Director of Joint Commissioning within the ICB. A range of system partners attend including Local Authority, NHS Trust, and voluntary sector providers, across Coventry and Warwickshire.

## **2. Local Transformation Plan refresh**

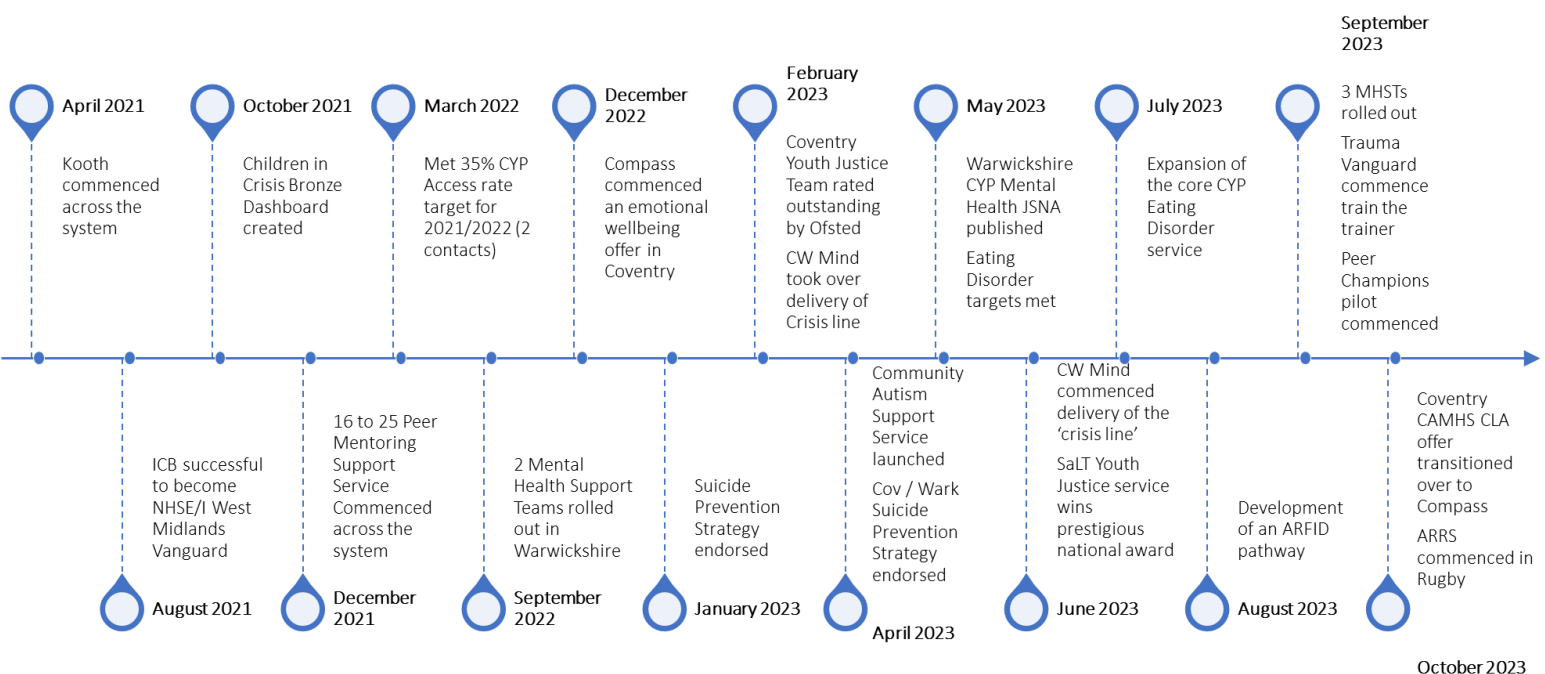
- 2.1. The 2023/24 refresh will highlight progress made against 2022/2023 priorities and define the priorities for 2023/2024.
- 2.2. The KLOEs set out by NHSE focus on 8 areas:
  - Coproduction and transparency
  - Whole system working
  - Health inequalities
  - Workforce
  - Transparency
  - Access and outcomes
  - Early Intervention in Psychosis (EIP), Crisis, and Eating Disorders
  - Key related service areas for consideration: Specialised Commissioning including Health and Justice; Learning Disabilities and Autism.
- 2.3. To support with the design of local priorities, a survey was undertaken to seek the views of children and young people, parent and carers, and professionals. Alongside this, a system wide workshop across Coventry and Warwickshire was held on 21<sup>st</sup> September 2023 to engage with system partners and stakeholders to identify the vision for the plan and what the future LTP priorities should be.
- 2.4. Following the collation of the engagement the following priorities are identified, broken down into national priorities, which are priorities set by NHS England, and local priorities, which incorporates the views identified through the engagement:
  1. National priority – meet the constitutional target set by NHS England.

2. National priority – to develop a children and young people emotional wellbeing / mental health support offer up to the age of 25.
3. Local priority – implement a structured framework, such as i-Thrive into the system.
4. Local priority – improve the waiting times in accessing services.
5. Local priority – develop system wide dashboard to further understand local needs and demands.
6. Local priority – focus on early intervention and prevention, building on the work under the Positive Directions offer.
7. Local priority – develop the system offer for children and young people in crisis.

2.5. A delivery plan is in the process of being developed which will be used to plan out the work required to work towards / achieve the priorities set out in the plan.

### 3. Progress to date

3.1. The diagram below highlights the key achievements to date.



3.2. The table below provides an overview of the progress against last year's priorities.

Priority Area	Key Progress for 2022 / 2023
<b>Children in Crisis (CIC)</b>	<p><b>Progress to date</b></p> <ul style="list-style-type: none"> <li>• 2 Children in crisis workshops have taken place in the spring of 2023 bringing together key partners who are integral to the crisis offer in Coventry and Warwickshire.</li> <li>• Initial evaluation of the trauma vanguard has shown reductions in attendance at hospital in a crisis and in offending behaviour.</li> <li>• An options paper has been produced outlining some improvements that could be made to improve the crisis offer for children and young people.</li> </ul> <p><b>Further work</b></p> <ul style="list-style-type: none"> <li>• Complete the evaluation of the trauma vanguard initiative.</li> <li>• Building on the trauma informed vanguard initiative to develop a local offer to support children and reduce the number of children entering crisis.</li> </ul>
<b>Eating Disorders (ED)</b>	<p><b>Progress to date</b></p> <ul style="list-style-type: none"> <li>• Work has been ongoing over the past year to grow the workforce and increase the number of clinicians working in the eating disorders service area. Increases in staff has led to the reduction in waiting times for both the routine and urgent pathways.</li> <li>• An eating disorders dashboard was developed and has enabled robust monitoring of the patient flow into the service.</li> <li>• Work was undertaken to look at step up and step down from the service as this was acknowledged to be a gap. The voluntary organisation First Steps was commissioned to provide support for early intervention of children showing signs of an eating disorder and also to provide ongoing support once children and young people were deemed well enough to leave the specialist service.</li> <li>• An offer to support children with ARFID and especially those with learning disabilities and autism has been developed and was approved in August 2023. The offer will provide consultation support for staff, support for parent/carers and short interventions for children presenting with ARFID and will mobilise early in the new year.</li> </ul>
<b>Transitions (18 to 25)</b>	<p><b>Progress to date</b></p> <ul style="list-style-type: none"> <li>• The pilot Peer Mentoring Support Service currently provided by CW Mind was extended until April 2024. A service evaluation is due to be conducted so that further decisions can be made about this project and its role in contributing to an 18-25 offer in Coventry and Warwickshire.</li> <li>• 18-25 transitions working group has been established to take forward the development of transitions and an 18-25 service offer. A paper was produced which outlined how transitions workers, potentially employed through the third sector, could be utilised to support and help children who will be moving into adult services. Further work is required to ascertain funding for the proposal and to provide more detail on the delivery.</li> </ul> <p><b>Further work</b></p> <ul style="list-style-type: none"> <li>• Full Coventry and Warwickshire Offer to be developed.</li> </ul>
<b>Early Intervention and Prevention:</b>  <ul style="list-style-type: none"> <li>• MHST</li> <li>• Kooth</li> </ul>	<p><b>Progress to date</b></p> <ul style="list-style-type: none"> <li>• Coventry and Warwickshire mental health system have been allocated a further 3 Mental Health Support Teams (MHSTs) which commenced from September 2023 (wave 9). Of the 3 teams, 2 will be rolled out in Coventry and 1 in Warwickshire.</li> <li>• Coventry will be receiving a further 1 MHST team, following funding confirmation from NHS England, which will commence from September 2024. With these additional waves, in total there will be 12 MHSTs in the system (5 in Coventry and 7 in Warwickshire).</li> </ul>

	<ul style="list-style-type: none"> <li>• ICB have now taken a lead on the contract for Kooth, from both Coventry City Council and Warwickshire County Council to enable the offer to continue - contract is in place until end of March 2025</li> <li>• Compass were successful in securing a contract in Coventry for tier 2 services, following a tender process - contract commenced December 2022 and will run until November 2027. Compass are providing an early intervention and prevention offer supporting the emotional wellbeing of CYP with low to moderate needs. The offer is embedded within the community, with workers based within Family Hubs across Coventry</li> </ul>
<b>Intelligence led Commissioning:</b> <ul style="list-style-type: none"> <li>• Access rates</li> <li>• Health inequalities</li> <li>• JSNA (Warwickshire)</li> <li>• Commissioning review</li> </ul>	<b>Progress to date</b> <ul style="list-style-type: none"> <li>• A review of the commissioning arrangements for children and young people's mental health services for both Coventry and Warwickshire were undertaken in May and June 2023. Engagement with professionals took place to gather views on the current arrangements and various models of commissioning were considered. Recommendations were made in the report regarding future arrangements. This report is due to be considered by Senior Leaders from both Councils and the ICB.</li> <li>• Continuation to review and monitor the access rate metric, following the move from a % target to a numerical target on a 12-month rolling period. As an ICB this remains off target which hasn't helped with the care notes outage. Work is underway to gather an understanding of the local picture.</li> </ul>
<b>Whole System working</b>	<b>Progress to date</b> <ul style="list-style-type: none"> <li>• The Children and Young People's Mental Health System Governance is currently being refreshed to ensure that it takes into consideration wider systems (health social care and education) input to children and young people's mental health and emotional wellbeing and has robust decision-making processes.</li> </ul> <b>Further Work</b> <ul style="list-style-type: none"> <li>• Complete the review of Governance for children's mental health.</li> </ul>
<b>Workforce</b>	<b>Progress to date</b> <ul style="list-style-type: none"> <li>• Individual organisations have their own workforce plans, and a mental health workforce survey is undertaken on an annual basis, led by NHSE.</li> </ul> <b>Areas of concern</b> <ul style="list-style-type: none"> <li>• No dedicated lead has been identified for this work due to capacity.</li> </ul>
<b>Vulnerable Children and Young People</b>	<b>Progress to date</b> <ul style="list-style-type: none"> <li>• 16 to 25 Peer Mentoring Support Service has been extended until April 2024, which provides support to those young people transitioning from children to adults, who require support.</li> <li>• The Coventry CAMHS children looked after offer is being transitioned over to Compass from 01 October 2023, from CW Mind. Following this transfer, the service offer will be reviewed and developed with system partners to ensure the service meets the needs of children looked after.</li> <li>• There are CAMHS Practitioners in the Youth Justice Service</li> </ul>
<b>Suicide Prevention</b>	<b>Progress to date</b> <ul style="list-style-type: none"> <li>• A new Coventry and Warwickshire Suicide Prevention Strategy was endorsed by both Coventry and Warwickshire's Health and Wellbeing Boards in January 2023 (with WCC approval in April 2023). Design work for the new Strategy is underway for an official launch in the Autumn.</li> <li>• An initial 2-year Delivery Plan for the new strategy is in development - with input from the C&amp;W SP Partnership and wider system partners - an early draft will be taken to the SP Steering Group.</li> </ul>

- The C&W SP Partnership continues to meet - comprising a Multi-Agency Network and newly refreshed Steering Group.
- The Real Time Surveillance System (RTSS) for suspected suicides continues to provide real time data to enable identification of emerging trends, immediate response where required, and targeted action and shared learning.

**Progress to date**

- Phoenix Psychological services are delivering the case formulation with each young person open has a formulation in place. This is a strength of the service model.
- The Speech and Language Therapist (SaLT) pilot was commended in the recent Youth Justice Service (YJS) inspection by Ofsted, which was awarded outstanding. NHSE have identified the efficacy of the SaLT offer and have granted additional funding to ensure funding of the SaLT post until March 2025. In addition, the availability of Turnaround Funding, has enabled increased SaLT provision in YJS
- The Occupational Therapy (OT) support is now live in Coventry, supporting YJS working closely alongside the SaLT.
- The Young People have named the platform Positive Pathways, they have designed the logo and the marketplace of services and activities is live.
- There is evidence of the universal social prescribing offer being used effectively by GPs which has resulted in a positive outcome for a young person and avoided the need for a CAMHs referral. The expectation is that every young person who is open to the Positive Directions, will have a social prescribing plan in place.
- There has been a number of developments which include accredited 12-week Entrepreneur course and mentorship course for young people, a 5-week pre-counselling course and 12 monthly support group post counselling with CRASAC, Pilot 6-week equine therapy offer with The Horse and People Project, Pilot 12-week Emotional Resilience course using sport related activities with the Sky Blues Charity
- The Vanguard Practice Educators continue to provide extensive trauma informed training across the system and are due to launch the next round of train the trainer training in September 2023. There has also been a digital training platform and workbook developed as part of the train the training offer which means that delegates will have access to a reflective, digital learning journal

**Vanguard Project-  
Trauma Informed  
support (Positive  
Directions)**

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Matt Gilks	Director of Commissioning	Integrated Care Board (ICB)	27 Nov 2023	28 Nov 2023
<b>Names of approvers for submission:</b> (officers and members)				
Director: Matt Gilks	Director of Commissioning	Integrated Care Board (ICB)	27 Nov 2023	28 Nov 2023

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